

HER PHYSICIAN ADVISED

Taking Lydia E. Pinkham's Vegetable Compound

Columbus, Ohio.—"I have taken Lydia E. Pinkham's Vegetable Compound during a change of life. My doctor told me it was good, and since taking it I feel so much better that I can do all my work again. I think Lydia E. Pinkham's Vegetable Compound a fine remedy for all women's troubles, and I never forget to tell my friends what it has done for me."—Mrs. E. Hanson, 304 East Long St., Columbus, Ohio.

Another Woman Helped. Graniteville, Vt.—"I was passing through the Change of Life and suffered from nervousness and other annoying symptoms. Lydia E. Pinkham's Vegetable Compound restored my health and strength, and proved worth mountains of gold to me. For the sake of other suffering women I am willing you should publish my letter."—Mrs. CHARLES BARCLAY, R.F.D., Graniteville, Vt.

Women who are passing through this critical period or who are suffering from any of those distressing ills peculiar to their sex should not lose sight of the fact that for thirty years Lydia E. Pinkham's Vegetable Compound, which is made from roots and herbs, has been the standard remedy for female ills. In almost every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound.

Reasons Enough. Father—You seem to look at things in a very different light since your marriage.

Mrs. Newly-Married Daughter—Well, I ought to after receiving 14 lamps and nine candelabra for wedding presents.—Tit-Bits.

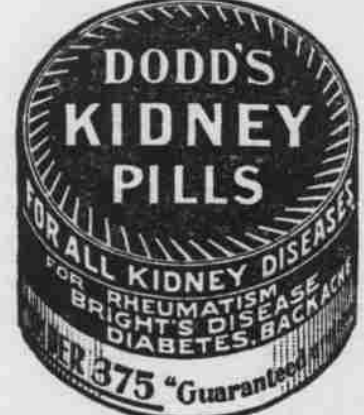
With a smooth iron and Defiance Starch, you can launder your shirt waist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

Exercise Recommended. Weary Walker—What! Don't look like a sailor? Why, I've been following the sea for 30 years.

Farmer Haycrop—Well, you keep following it for 30 years more and perhaps you'll catch up with it.—Life.

No matter how long your neck may be or how sore your throat, Handies Wizard Oil will cure it surely and quickly. It drives out all soreness and inflammation.

You can't tell by the size of the gravestone how big the man was who lies in the grave.



SICK HEADACHE

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Heavy Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER.

They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

Genuine Must Bear Fac-Simile Signature

REFUSE SUBSTITUTES.

NEW TOWN SITE OPENING

New town of TWO BUTTES, Colorado, will be opened October 22, 1909. Priority of selection determined by drawing. Town surrounded by 25,000 acres of irrigated Carey Act and State lands, besides vast area of finest grazing land in Colorado. Ground floor opportunity for every kind retail mercantile business. Full information on application. THE TWO BUTTES IRRIGATION & RESERVOIR CO., Lamar, Colorado

QUICKEST WITH SAFETY

PISO'S CURE

THE BEST MEDICINE FOR COUGHS & COLDS

For the baby often means rest for both mother and child. Little ones like it too—it's so palatable to take. Free from opiates. All Druggists, 25 cents.

AROUND THE HOUSE

IDEAS FOR THE CONSIDERATION OF THE HOUSEWIFE.

New Model of Stove Should Be of Value—Plain Sort of Inexpensive Bed Linen the Best—Novelty for Baby.

Many a housekeeper is beginning to look about for a new range for the kitchen, to have it in by the time the cold weather comes. There is a new model which has a special kind of draft that is guaranteed to save 60 per cent. of one's fuel bill. Rather a consideration, in these days of high coal bills, is it not?

Gay Japanese dishes are pretty on the breakfast table. When buying very inexpensive table or bed linen or towels, it is best to get the plainest sort, as any fancy work put into them means that the difference is made up to the manufacturer by using a poorer grade of cotton.

The Heppelwhite pattern is very lovely on silver dressing table sets.

Pineapple crystals is a dainty dish, made of one slice of preserved pineapple inside a round of transparent lemon jelly.

A novelty for baby is a hammock with sides, so that he may swing out under the trees on fine days, with no danger of his falling out and bumping his nose.

A useful new kitchen accessory is a frying pan of gray enamel ware, which far surpasses the old-fashioned sheet iron variety.

A dainty color scheme for a small bedroom is gray and white, with wistaria hangings.

There is a very convenient, well-fitted dressing table which may be packed for traveling.

There are little silver rings to set a tumbler in so that it will not leave a mark on the tablecloth.

An excellent new invention is a glass ice cream freezer. It is perfectly sanitary, as there is no tin or germ-absorbing wood next the ice cream. It greatly simplifies the preparation of frozen dainties, as the busy housekeeper does not have to stop or turn a crank. The glass is merely packed in ice and the cream when hard pushed out in a firm roll.

Silver and white dishes are indescribably dainty and cool looking.

To Iron Soutache.

You may be confronted with no little perplexity when ironing a linen frock with white or colored soutache braiding. First stretch the embroidered parts to remove all wrinkles and iron right over the braid to smooth it. You will not be pleased with the appearance of the linen beneath, but turn the garment, lay the embroidery upon a double or triple thickness of a white Turkish towel which will permit the braid to sink into its soft surface and the back of the linen can be smoothly ironed by passing a damp cloth over the linen, following it with a medium hot iron. All parts perfectly dry or they will wrinkle again and be very unattractive. Iron embroidery scallops in the same manner and clip any loose threads that may escape from scallops or edges. A pair of manicure scissors is good for this purpose.

The Home.

A few shreds of candied orange peel will give a delicious flavor to a bread pudding.

Always use lard to grease your cake pans, as the salt in the butter causes it to stick to the pans.

It is better to wipe over meat with a wet cloth than to immerse it in water or let water run over it.

A sponging with a solution of one part ammonia to ten parts of water is said to brighten the color of a faded carpet.

Don't light the kitchen fire unless there is water in the boiler. If not the rush of cold water is liable to crack the boiler.

If you want to keep your desserts on the top of the ice place a newspaper over the ice and your dishes never slip off or tip over.

Select a dozen or so of the smoothest and largest sponges from the new broom and lay them away to use in testing cake when it is baking.

Don't fill an oil or any other kind of stove or lamp when it is lighted. This seems superfluous advice, but with the coming of cool weather cannot be too often repeated.

Meringue Hint.

A Baltimorean, whose home city is noted for its delicious creamy meringues, gives this direction for keeping the meringue shell from being stiff and hard.

The shells are filled with ice cream and packed in the usual way between sheets of waxed paper, but they are removed from the freezer 15 or 20 minutes before serving to give them time to mellow.

In serving for a family dinner a good time to do this unpacking is after the soup dishes are removed.

Baked Lettuce.

Cut the roots off a head of lettuce, wash it thoroughly without separating the leaves, tie the tops together and lay in a baking dish with about two inches of meat stock. Cover and bake for half an hour. Remove the head with a fork and place on a hot dish. Season the stock with salt and pepper and a small lump of butter, beat in an egg and pour over the lettuce.

A NURSE'S EXPERIENCE.

Backache, Pains in the Kidneys, Bloating, Etc., Overcome.

A nurse is expected to know what to do for common ailments, and women who suffer backache, constant languor, and other common symptoms of kidney complaint, to Mrs. Minnie Turner, of E. B. St., Anadarko, Okla., for pointing out the way to find quick relief. Mrs. Turner used Doan's Kidney Pills for a run-down condition, backache, pains in the sides and kidneys, bloated limbs, etc. "The way they have built me up is simply marvelous," says Mrs. Turner, who is a nurse. "My health improved rapidly. Five boxes did so much for me I am telling everybody about it."

Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

THE DIAGNOSIS



"Anything really serious with my eye, Doc?"

"No, no—simply a pig-sty."

And He Suffered.

Little Willie, suffering from an attack of toothache, had paid his first visit to the dentist, accompanied by his mother. Father, on his return from the office that evening, was naturally much interested.

"Didn't it hurt?" asked father.

"Sure, it hurt," replied Willie.

"Weren't you scared when the dentist put you in that big chair and started all those zizz-zizz-zizz things?"

"Oh, not so much."

"That was a brave boy. But, surely, you suffered?"

"Of course I suffered. But I just kept repeating over and over the golden text we had in Sunday school last Sunday."

"The golden text? What was it?"

"Why, 'Suffer little children to come unto me,'" replied Willie, glibly. "I kept saying that over and over to myself, and the first thing I knew it didn't hurt any more."

Feeding Farm Hands.

Every farmer's wife knows what tremendous appetites farm hands usually have; but while they eat well they work well, too.

Here's a good suggestion about feeding farm hands. Give them plenty of Quaker Oats. A big dish of Quaker Oats porridge with sugar and cream or milk is the greatest breakfast in the world for a man who needs vigor and strength for a long day's work. The man that eats Quaker Oats plentifully and often is the man who does good work without excessive fatigue. There is a sustaining quality in Quaker Oats not found in other foods, and for economy it is at the head of the list. To meet all needs, Quaker Oats is packed in regular size packages, large size family packages and hermetically sealed tins (for hot climates).

Poker Finance. Mose Conoley (a winner)—Guess I'll cash in, boys.

Abe Mokeby (also to the good)—Guess I'll do de same.

Jefferson Yallerby—Me too!

Bill Bingy (the banker, a big loser)—Well, I guess you 'each done got an' uhndeh guess a-comin', gen'lmen!

Owain! to die heah attempted an' un-called-for run on de bank, de instertoon am now suspended an' de foolish depositahs continues doin' business as fohmally. And it's youah deal, Mose Conoley!—Illustrated Sunday Magazine.

The Thirst for Gore.

Unsupplemented Onlooker—I think this is a first rate place. See what a fine view we have of this car coming.

Seasoned Spectator—Fine view fiddlesticks! Nothing ever happens on these straight stretches—not even a broken leg. Come on down to the turn and wait for the fun.—Puck.

The Grouchy Man.

She—There's Mrs. Toozle. She seems quite reconciled to the death of her first husband.

He—Yes; but I'm afraid that her second never will be.—Illustrated Bits.

DON'T SPOIL YOUR CLOTHES.

Use Red Cross Ball Blue and keep them white as snow. All grocers, 50¢ a package.

Strange how a girl's ideal can develop into merely her husband.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25¢ a bottle.

Some men never do anything on time except quit work.

Constipation causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Peppermint. Tiny sugar-coated granules.

Many a true word has been spoken regardless of grammar.

WHERE THEY LEARN ECONOMY

Matron Knew What She Was About When She Went to Engage Maid.

The manager of the employment agency was used to hearing women in search of queer questions, says the New York Tribune, but this matron made him mildly curious. Of 14 girls in turn she had inquired: "Have you worked in a minister's family?" None of them had. "Too bad," said the matron to the manager. "None of these girls will do."

"May I ask," said the manager, "why you are anxious to know if these girls have worked in ministers' families?"

"Why, the fact is, we're very hard up just now," said the matron, candidly; "I want a girl who knows how to economize, and those who have worked in clergymen's families, I've discovered, have learned that lesson."

CHILD ATE CUTICURA OINTMENT.

Spread Whole Box of It on Crackers—Not the Least Injury Resulted.

Cuticura Thus Proven Pure and Sweet.

A New York friend of Cuticura writes:

"My three year old son, and heir, after being put to bed on a trip across the Atlantic, investigated the state-room and located a box of graham crackers and a box of Cuticura Ointment. When a search was made for the box, it was found empty and the kid admitted that he had eaten the contents of the entire box spread on the crackers. It cured him of a bad cold and I don't know what else."

No more conclusive evidence could be offered that every ingredient of Cuticura Ointment is absolutely pure, sweet and harmless. If it may be safely eaten by a young child, none but the most beneficial results can be expected to attend its application to even the tenderest skin or youngest infant. Potter Drug & Chem. Corp., Sole Props., Boston.

The Way of It.

"But I don't love you," objected the young woman.

"Then why," howled the indignant youth, referring hastily to divers memoranda in his pocket diary, "did you cut up a total of 65 boxes of chocolates I bought you during the past year if you didn't love me?"

"Because," she said, with a rapid expression on her lovely features, "I do love chocolate."

Repatee in the Bright Family.

"The newspapers are making a great stir about men's disinclination to marry," remarked Mrs. Bright.

"The Bible says there are no marriages in heaven," commented Mr. B.

"And what has that to do with us?" Bright laughed.

"Perhaps they are figuring on having a little heaven on earth."

Beware of Ointments for Catarrh that Contain Mercury.

As mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescription from reputable physicians, as the damage they will do to you is too great to be possibly derived from them. Halls Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Halls Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists. Price, 75¢ per bottle. Take Halls Family Pills for constipation.

Summer Conquests.

"Are these all photographs of fellows you have been engaged to?"

"No. They're the fellows who didn't propose."

"What in the world do you want of them?"

"Why; I am saving them to make a rogues' gallery."

The man who is not trying to make the world better is casting his vote to make it worse.

Afraid of Ghosts

Many people are afraid of ghosts. Few people are afraid of germs. Yet the ghost is a fancy and the germ is a fact. If the germ could be magnified to a size equal to its terrors it would appear more terrible than any fire-breathing dragon. Germs can't be avoided. They are in the air we breathe, the water we drink.

The germ can only prosper when the condition of the system gives it free scope to establish itself and develop. When there is a deficiency of vital force, languor, restlessness, a sallow cheek, a hollow eye, when the appetite is poor and the sleep is broken, it is time to guard against the germ. You can fortify the body against all germs by the use of Dr. Pierce's Golden Medical Discovery. It increases the vital power, cleanses the system of clogging impurities, enriches the blood, puts the stomach and organs of digestion and nutrition in working condition, so that the germ finds no weak or tainted spot in which to breed. "Golden Medical Discovery" contains no alcohol, whisky or habit-forming drugs. All its ingredients printed on its outside wrapper. It is not a secret nostrum but a medicine of known composition and with a record of 40 years of cures. Accept no substitute—there is nothing "just as good." Ask your neighbors.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10¢ package colors all fibers. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.

It's almost as difficult for you to get a man to take your advice as it is for you to take his.

DON'T NEGLECT THAT COUGH! It certainly racks your system and may run into something serious. Allen's Lung Balm cures it quickly and permanently. For sale at all druggists.

The dog in the manger is the one that does the most growling.



The Baking Powder Story in a nut-shell.

Adulteration Impurity Unhealthfulness	Cheap Baking Powder
High Price Indifferent Leavening Residue of Rochelle Salts	Trust Baking Powder
Most Leavening Power Purest Ingredients Moderate Price	CALUMET BAKING POWDER

Received Highest Award
World's Pure Food Exposition
Chicago, 1907.

On a Time Limitation.

In spite of the reputation for latitudinarianism he gained from his early trial for heresy, the late Prof. Jowett of Oxford was intolerant of pretentiousness and shallow conceit. One self-satisfied undergraduate met the master one day. "Master," he said, "I have searched everywhere in all philosophies, ancient and modern, and nowhere do I find the evidence of a God." "Mr.—," replied the master, "after a shorter pause than usual, 'if you don't find a God by five o'clock this afternoon you must leave this college.'"

Sheer white goods, in fact, any fine wash goods when new, owe much of their attractiveness to the way they are laundered, this being done in a manner to enhance their textile beauty. Home laundering would be equally satisfactory if proper attention was given to starching, the first essential being good Starch, which has sufficient strength to stiffen, without thickening the goods. Try Defiance Starch and you will be pleasantly surprised at the improved appearance of your work.

Overcoming Tuberculosis.

Statistics published by the Imperial Gazetteer show that in recent years there has been a steady decrease in the number of deaths in Germany from tuberculosis, and especially from tuberculosis of the lungs. In urban centers the death rate per 100,000 fell from 226.6 in 1903 to 192.15 in 1908.

Rough on Rats, unbeatable exterminator
Rough on Hen Lice, Nest Powder, 25c.
Rough on Bedbugs, Powder or Liquid, 25c.
Rough on Fleas, Powder or Liquid, 24c.
Rough on Roaches, Powder, 15c, Liquid, 25c.
Rough on Moths and Ants, Powder, 25c.
Rough on Skeeters, agreeable to use, 25c.
E. S. Wells, Chemist, Jersey City, N. J.

The Minority Position.

"Saw Peleg down to the public library yesterday. He was reading all the old newspapers he could find."

"Yes; he can't remember for sure whether the Panama canal is to be sea level or lock, and whichever it is he's agin it."

A Distinction.

Tommy—What is the difference between vision and sight?

Tommy's Pop—Well, my son, you can flatter a girl by calling her a vision, but don't call her a sight.

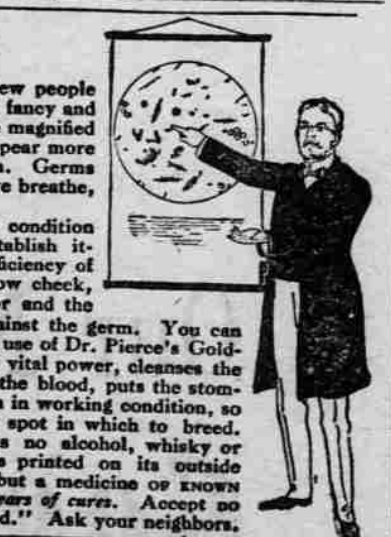
Of Some Benefit.

Barber—Did the bottle of hair restorer I sold you do any good?

Customer—Yes, indeed; it kept me from wasting my money on any more.

PERRY DAVIS' PAINKILLER has been used in many families for generations. It is relied upon for colds, neuralgia, sciatica, strains, burns, or bruises. 25c, 50c, \$1.00 a bottle.

Many a man's honesty has saved him from becoming a politician.



Beginning Hostilities.

Mr. Perkily—Oh, if you could only learn to cook as my first wife did!

Mrs. Perkily—If you were as smart as my dear first husband was you'd be rich enough to hire the best cook in the land.

Ever Notice?

"Why are the children of the rich so often intractable?"

"Where you see a home without a woodshed, there you are apt to find a spoiled kid."

Though we should examine the whole world we shall not find one man so happy as to have nothing left to wish for.—Oliver Goldsmith.

GOOD HOUSEKEEPERS. Use the best. That's why they buy Red Cross Ball Blue. At leading grocers 5 cents.

Gossip has a thousand tongues—and they all work overtime.

Cheerful homes

Many things combine to make home cheerful, but no one thing plays so important a part as artistic taste in wall decoration. Beautiful, cleanly and wholesome is

Alabastine The Sanitary Wall Coating

We have ideas on color harmonies, classic stencils, and much that will interest the discriminating house owner. These ideas have cost us money but are free to you. Ask your dealer or write direct.

Alabastine Co., Grand Rapids, Mich.

PUBLIC LAND DRAWING

22,000 acres of irrigated Government Land in Arkansas Valley, Colorado, will be thrown open for settlement October 21, 1909, under the Carey Act. Opportunity to get an irrigated farm at low cost on easy payments. Only short residence required. Send for book giving full information.

Two Buttes Irrigation and Reservoir Company
Lamar, Colorado

Work While You Sleep

Millions of people have CAS-CARETS do Health work for them. If you have never tried this great health maker—Get a 10c box—and you will never use any other bowel medicine.

CASCARETS are a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

GRAZING LANDS

NEAR CHICAGO—Six dollars an acre this year only; alfalfa and clover pure crops, no better land for general farming and fruit. Splendid climate; pure water. One night from Chicago by rail or boat. Easy terms. Write for map and illustrated booklet.

J. T. MERRITT, Mantstee, Mich.

W. N. U., WICHITA, NO. 41-1909.



COLT DISTEMPER

Can be handled very easily. The sick are cured, and all others in some stable, as matter of fact, prevent them from having the disease by using SPON'S LIQUID DISTEMPER. Cures the lungs, or in food. Acts on the blood and expels germs of all forms of distemper. Best remedy ever known for infants in colic. One bottle guaranteed to cure one case. 50¢ a bottle in mail. Sold by druggists and hardware dealers, or sent by express, prepaid. Cut shows how to poliothe throat. Our free home remedy in existence—twelve years.

SPORN MEDICAL CO., Chemists and Distillers, Cochen, Ind., U. S. A.

You Look Prematurely Old

Because of those ugly, grizzly, gray hairs. Use "LA CREOLE" HAIR RESTORER. PRICE, \$1.00, retail.